

WHATS NEWS is the Newsletter of Wayne/Winfield Area Youth Family Services (WAYS)



What's New at WAYS

27W031 North Avenue, West Chicago, IL 60185
Vol. XXX No. 8

(630) 231-7166
March, 2019

Join us as we celebrate 36 years of providing services to the communities of West Chicago, Winfield, Warrenville, Wayne, Hanover Park, Bartlett, and Carol Stream
WAYS' Annual Luncheon/Silent Auction
Tuesday April 16, 2019
See pages 6 & 7 for registration form!

SUMMER DAY CAMP:

This year, camp will run from **Tuesday May 28th - Friday August 16th** from 10am to 4pm, with extended hours of 7:30am-6pm available for working parents. Full camp cost is \$70 per week for regular hours and an additional \$40 per week for extended hours, with sliding-scale scholarships available based on annual household income and family size. Breakfast and lunch are included at no cost via a partnership with Northern Illinois Food Bank. Camp is offered to grade school & middle school youth, ages 6-13. To begin camp, youth must have completed first grade. The last year youth can attend is the summer before they begin high school. A professional staff of counselors will lead camp using research-based skill building activities in a group format. An in-person consultation with parent & child is required to register for camp. Call to complete a phone intake and schedule a consultation.



Use AMAZON SMILE: smile.amazon.com/ch/36-3283081
to sign on to Amazon to donate to WAYS' Community Services

WAYS 630-231-7166 intake ext. 115 Spanish ext. 158/155 fax 630-231-7180

COUNSELING PROGRAM:

INDIVIDUAL & FAMILY THERAPY: Available in English & Spanish addressing a wide variety of issues: family conflict, depression, anxiety, youth behavioral problems, marital problems, stress, personality disorders, adjustment to change, work issues, grief, and much more. Fees are available on a sliding scale for eligible clients.

PARENTING CLASSES can help assure that parents learn to effectively understand children's behavior, improve communication, and set limits along with consequences. The 8 session program has provided service to Probation and DCFS referred clients as well as those who are self-referred. The classes are easy to comprehend, effective, and research-based. Participants can begin class at any time, as classes rotate, but a pre-class consultation (\$13) is required. Fee is \$25 per session. A certificate of completion is granted after completion of the curriculum.



EVENING IN ENGLISH meet **Wednesdays 8-9 pm**, Steve Shaw, BA.

DAYTIME IN ENGLISH meet **Thursdays 10-11 am** with Kate Beyer, BS.

EVENING IN SPANISH meet **Wednesdays 8-9 pm** with Suzie Geisler, BA.

DAYTIME IN SPANISH meet **Thursdays 10-11 am** with Karla Melendez, BA.

INDIVIDUAL SESSIONS are available at other times for \$65 per session.

ADULT ANGER MANAGEMENT CLASSES: A research-based curriculum designed for adults who have difficulty managing their anger appropriately. Adults learn the components of anger, relaxation techniques and coping skills. The 10 session program has provided service to Probation and DCFS referred clients as well as those who are self-referred. Participants can begin class at any time, as classes rotate, but a pre-class consultation (\$13) is required. Fee is \$25 per session. A certificate of completion is granted after completion of the curriculum.



EVENING IN ENGLISH meet **Tuesdays 8-9 pm**, Kate Beyer, BS.

DAYTIME IN ENGLISH meet **Fridays 9-10 am** with Steve Shaw, BA.

EVENING IN SPANISH meet **Tuesdays 8-9 pm** with Karla Melendez, BA.

DAYTIME IN SPANISH meet **Fridays 9-10 am** with Suzie Geisler, BA.

INDIVIDUAL SESSIONS are available at other times for \$65 per session.

TEEN ANGER MANAGEMENT CLASSES: A research-based curriculum designed for teens who have difficulty managing their anger appropriately. Teens learn the components of anger, relaxation techniques and coping skills. The 10 session program can be used as a suspension alternative, for probation requirements, or for clients who are self-referred. Participants can begin class at any time, as classes rotate, but a pre-class consultation (\$13) with teen and parent is required. Fee is \$25 per session. A certificate of completion is granted after completion of the curriculum.

EVENING IN ENGLISH meet **Tuesdays 7-8 pm**, Kate Beyer, BS.

INDIVIDUAL SESSIONS are available at other times for \$65 per session.

WAYS 630-231-7166

intake ext. 115

Spanish ext. 158

waysintakes@gmail.com

YOUTH PROGRAMMING:

TUTORING:

Year-round tutoring services can help your student maintain what they have learned during the school year. The one-to-one sessions with experienced teachers are \$25 per hour with sliding-scale scholarships available to eligible clients.

- Heather Falls, BS (Elementary & Middle School)
- Lyssa Liotta, BA (Elementary School)
- Amanda Scott, MA (Elementary, Middle, & High School)



IN-SCHOOL & COMMUNITY GROUPS:

If interested in a group, call Katie Drewno at ext. 119.

Suzie Geisler, BA, runs a group at **Liberty Elementary in Bartlett**, focusing on social skills and appropriate classroom behavior. Katie Drewno, LSW, runs a group at **Spring Trail Elementary in Carol Stream** focusing on social skills and appropriate classroom behavior. Karla Melendez, BA, runs a group at **Spring Trail Elementary in Carol Stream** focusing on social skills and appropriate classroom behavior. Karla Melendez, BA, runs two groups at **Laurel Hill Elementary in Hanover Park**, focusing on grief and loss. Kate Beyer, BS, runs two groups at **Prairie View Elementary in Bartlett** focusing on making and maintain friendships through encouragement of positive social interactions. Kate Beyer, BS, runs two groups at **Hawk Hollow Elementary in Bartlett** focusing on divorce and making friendships. Steve Shaw, BA, runs two groups at **Ontarioville Elementary in Hanover Park** with high-risk youth.



SOCIAL SKILLS GROUP:

This is a group targeted to engage elementary school aged children. The focus is on developing socio-emotional competencies in four major areas: gaining awareness of self and others, enhancing a positive attitude and identifying personal values, learning responsible decision making and practicing social interaction skills. Some specific skills are active listening, empathy building and emotional regulation. This group is held on **Wednesdays 6-7 pm**, and is led by Steve Shaw, BA. Each session is \$5. A \$5 pre-group consultation with a parent and child is required.

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SENIOR PROGRAMMING:

Hands-on classes to learn new skills! Both levels of classes provide an opportunity to socialize with others while learning. Classes are \$2 each and **pre-registration** is required. Requests for future class topics are welcome!

Option 1:

BEGINNER COMPUTER CLASSES: Fridays 3-4 pm



Option 2:

TECHNOLOGY CLASSES: Mondays 4-5 pm (see topics below!)

- 04/01** Introduction to Pinterest
 - 04/08** Shopping on Amazon.com
 - 04/15** Introduction to Facebook
 - 04/22** Uploading Pictures to Facebook
 - 04/29** Using Calendars on Smart Phones
 - 05/06** Texting on Smart Phones
 - 05/13** Attaching Photos to Texts or Emails
 - 05/20** Using GPS on Smart Phones
- **Classes will resume week of August 19th**



CONTINUING EDUCATION FOR PROFESSIONALS:

Are you interested in presenting and sharing your expertise with other professionals? Contact Katie Drewno by phone at 630-231-7166 extension 119 or by email at wayskatie@gmail.com.

WAYS 630-231-7166 intake ext. 115 Spanish ext. 158 waysintakes@gmail.com

WAYS

The Board of Directors of
WAYNE/WINFIELD AREA YOUTH/FAMILY SERVICES

Cordially invite you to attend the

"36 Years and Still Growing Strong"
**WAYS' LUNCHEON/SILENT AUCTION
FUNDRAISER**

Sponsored by West Suburban Bank

Tuesday, April 16, 2019
WAYS
27W031 North Avenue
West Chicago, IL 60185

Networking begins at 11:30am
Lunch From Augustino's is served at Noon
Silent Auction & Raffle throughout the Event
12:45pm-1:15pm: Presentation & Auction Results

Come join us as we celebrate 36 years of providing services to the communities of West Chicago, Winfield, Warrenville, Wayne, Bartlett, Hanover Park, & Carol Stream

Please RSVP by April 9th

WAYS is a 501(c)3 United Way Agency

All Luncheon funds are allocated to direct service in our community!

**"36 and Still Growing Strong" Luncheon Reservation Form
WAYNE/WINFIELD AREA YOUTH/FAMILY SERVICES (WAYS)**

Sponsored by West Suburban Bank

Tuesday, April 16, 2019, 11:30-1:15

WAYS

27W031 North Avenue

West Chicago, IL 60185

RSVP with check payable to "WAYS" to be received by April 9th to:

WAYS, 27W031 North Ave., West Chicago, IL 60185

Your name (title & organization) _____

Address to mail tickets or indicate "pick up at door" _____

Email address _____

\$ _____ \$20 Per Person for _____ luncheon tickets included

\$ _____ I am including an additional donation of _____

\$ _____ I cannot attend but am including _____ tax-deductible donation

\$ _____ I am including _____ for raffle tickets--complete tickets below

\$ _____ **Total enclosed**

Call me to donate an auction item (phone # _____)

"36 Years and Still Growing Strong" Raffle: \$1 each or six tickets for \$5

Please fill out all tickets before returning. Winner need not be present.

- - - - -
Name: WAYS "36 Years and Still Growing Strong" Raffle Ticket
Phone: _____

- - - - -
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Phone: _____

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Phone: _____

THANKS to: West Suburban Bank, Sarah & Dale Richardson, Dick & Jan O'Connell, Schwab Charitable Fund; Brian Fujil, Mike Davison, BMO Financial Group, Boston Consulting Group Employees, Kim Sopp, Northern Trust, Lawrence Peterson, Shure Incorporated, SMO Financial Group, Mark Sharbaugh, Grant Thornton LLP, AT&T Employee Giving Campaign, Michael Cintron; Guy Bevente, Rita Aguilar, Isaslas Santiago & Beverly Guy; United Way Donors: Elizabeth Lisiecki, ITW National Processing; Richard Thill, Anon Corp.; Cheryl Pickard, BP America; William Birch & Jeanie Schwartz, KPMG; Andrew Skipor, Motorola; Linda Norris; Brian Doriott, General Growth Properties; Lawrence Szumski, AON; ; Stephanie Coan, Ernest & Young, LLP; Stephen Maehout, Charter One Bank, St. Michaels United Church of Christ, West Chicago; Heather & Dave Falls; JLL; Barbara Evans, ConAgra; Michelle Jamieson, Gas Technology Institute; Tom & Ellyn Feltes; St. Peter's United Church of Christ, Elmhurst; and all the donors that have requested to be anonymous.

In-kind donations: Microsoft & TechSoup.

On-going financial support: **Wayne Township, Winfield Township, & Village of Hanover Park.**

Finally, THANKS to everyone who has made referrals to WAYS. We appreciate your trust in our professional skill and concern toward providing the much needed help for families in our community.

WAYS STAFF:

Executive Director:

Allison Kowieski, MA, LCPC

Program Coordinator/Family Counselor:

Katherine Drewno, MSW, LSW

LCSW Supervisor:

Judy Starr, MSW, LCSW

Spanish-Speaking Family Therapists:

Martha Wilson, MSW, LSW

Jessica Lara, MS, LPC

Tutors:

Heather Falls, BS

Lyssa Liotta, BS

Amanda Scott, MA

WAYS Board:

President: Urban Oen

Vice President: John Jaeger

Treasurer: Matt Reiland

Secretary: April Murphy

John Hugunin

Cathy Polglaze

Barbara Nimmo

Counseling/Youth:

Amanda Scott, MA

Suzie Geisler, BA

Kate Beyer, BS

Karla Melendez, BA

Steve Shaw, BA

INTERNS: Now interviewing for: Bachelor's level for Summer 2019

HELP WANTED!!

TUTOR: Contractual, serving elementary & middle, and high school youth.

Requirements: Background in teaching, pass background check, 3 letters of recommendation

If you cannot provide a monetary gift, please consider a tax-deductible donation of computers & equipment that can be an upgrade to WAYS equipment (Windows 7 or better).

Donate to WAYS direct, via your employer's United Way campaign, or via Guidestar.org and NetworkforGood.org.

Wayne/Winfield Area Youth/Family Services (WAYS)

**27W031 North Avenue
West Chicago, IL 60185
630-231-7166**

WAYS is a 501 (c) 3 charity:

Donations of equipment, toys, and money are tax deductible and a way to support social services in your community.

WAYS serves:

West Chicago, Winfield, Warrenville, Wayne, Hanover Park, Carol Stream, and Bartlett

Use Amazon Smile to help support WAYS:

Select WAYS as your charity at www.smile.amazon.com/ch/36-3283081

RECYCLE PRINTER CARTRIDGES: help the environment and help fundraise for WAYS!

How's our mailing list? Please call about any changes we need to make.
Please feel free to pass our newsletter along to your colleagues!

Contact Us:

Phone: 630-231-7166

Fax: 630-231-7180

Email: waysintakes@gmail.com

Website: ways4change.org