

Wayne/Winfield Area Youth Family Services (WAYS)



What's New at WAYS

27W031 North Avenue, West Chicago, IL 60185
waysintakes@gmail.com

630-231-7166
February 2022

TUTORING: Sessions are available on Zoom and in-person is available to help support children who are struggling. Experienced teachers tutor elementary and middle school age youth. A limited number of high school subjects can also be addressed. Tutoring is \$25 per session, with sliding scale reductions available for eligible clients. Heather Falls, BS: Elementary and Middle School for English, Reading, Writing, Math, Social Studies, and Science.

CONTINUING EDUCATION FOR PROFESSIONALS

Thursday 3/3/22 10am-12pm, 2 CEU's (Live Webinar)

Non-Binary & Gender Fluidity: Working with Adolescents and Young Adults

Dr. Frances McClain, PhD, LCPC, NCC, The Chicago School of Professional Psychology

Non-binary gender (NBG) identity or gender non-conforming (GNC) is any gender identity that does not fall within the strict categories of contemporary Western societies, which typically consider gender to be binary, e.g., either man or woman. Over the past several decades, the LGBTQ+, feminist, and other social movements have challenged binary gender categories. More recently, there has been increasing recognition and visibility of people who do not identify exclusively as either male or female. Mental health professionals adhere to codes of ethics which demand they provide inclusive space for gender non-conforming and non-binary people, free from assumptions and personal bias. This workshop will provide participants with information on current literature related to working effectively with the GNC and NGB population, especially as it relates to adolescents and young adults.

Register link available at https://www.ways4change.org/continuing_education_seminars



**Professional
Development**

Are you interested in presenting and sharing your expertise with other professionals? Contact Allison Kowieski by phone at 630-231-7166 extension 132 or by email at waysallisonk@gmail.com.

COUNSELING PROGRAMMING

INDIVIDUAL & FAMILY THERAPY:

Telehealth and in-person sessions are available in English and Spanish, working across the age range, addressing a wide variety of issues: family conflict, depression, anxiety, self-harm, youth behavioral concerns, communication concerns, marital concerns, stress management, adjustment to change, work issues, grief, and more. Sessions are \$65 each, with sliding scale reductions available for eligible clients.

PARENTING CLASSES:



A research-based curriculum that can help parents learn to effectively understand children's behavior, improve communication, and set limits and consequences. The 8-session program provides service to Probation and DCFS-referred clients, as well as self-referred individuals. The classes are easy to comprehend and effective. Participants can begin class at any time, as classes rotate, but a consultation of \$13 is required before beginning classes. Each group session costs \$25. Participants receive a certificate of completion upon finishing the curriculum. Classes will be held on Zoom.

In English: **Mondays, 8-9 pm**, with Kevin Barton, MEd., CMPC
Tuesdays, 8-9 pm, with Summer Zumbrock, MS.
Wednesdays, 8-9 pm, with Allison Bader, BSW
Wednesdays 10-11 am, with Kevin Barton, MEd., CMPC
Thursdays, 10-11 am, with Sylvia Peetz, BS & Summer Zumbrock, MS.

In Spanish: **Mondays, 7-8 pm**, with Karla Melendez, LSW.
Wednesdays 10-11 am, with Karla Melendez, LSW.

ADULT ANGER MANAGEMENT CLASSES:

A research-based curriculum designed for adults who have difficulty managing their anger appropriately. Adults learn the components of anger, relaxation techniques, and coping skills. The 10-session program provides service to Probation and DCFS-referred clients, as well as self-referred individuals. Participants can begin class at any time, as classes rotate, but a consultation of \$13 is required before beginning classes. Each group session costs \$25. Participants receive a certificate of completion upon finishing the curriculum. Classes will be held on Zoom.



In English: **Tuesdays, 8-9 pm**, with Sylvia Peetz, BS.
Fridays, 9-10 am, with Kevin Marton, MEd., CMPC

In Spanish: **Fridays, 9-10 pm**, with Karla Melendez, MSW.

Thank You to: West Suburban Bank, St. Michael's United Church of Christ (West Chicago), Heather & Dave Falls, Kathy Erickson, Dr. Maruti Bhorade, Association of Credit Executives, donations made through Facebook and Network for Good, donations made through AmazonSmile, and all the donors that have requested to be anonymous.

In-kind Donations: Microsoft & TechSoup.

Grant Support: DuPage Foundation, DuPage Co. COVID Relief Fund

Ongoing Financial Support: Wayne Township & Winfield Township

Finally, thank you to everyone who has made referrals to WAYS. We appreciate your trust in our professional skill and concern toward providing help for families in our community.

WAYS STAFF:

Executive Director:

Allison Kowieski, MA, LCPC

Program Coordinator/Family Counselor:

Karla Melendez, MSW, LSW

Family Therapists:

Martha Wilson, MSW, LSW

Amanda Scott, MA, LPC

Tutors:

Heather Falls, BS

Clinical Interns:

Summer Zumbrock, MS

Kevin Barton, MEd., CMPC

Sylvia Peetz, BS

Allison Bader, BSW

WAYS Board:

President: Urban Oen

Vice President: John Jaeger

Treasurer: Matt Reiland

Secretary: April Murphy

Cathy Polglaze



HELP WANTED:

INTERNS: Now interviewing for Master's level for May 2022 start

Requires: Background check, 3 letters of recommendation, school approval

TUTORS: Contractual, serving high school students

Requires: Background in teaching, background check, 3 letters of recommendation

Donate to WAYS directly, via your employer's United Way campaign, or via Guidestar.org and NetworkforGood.org.

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630-231-7166

WAYS is a 501(c)3 charity:

Donations of equipment, toys, and money are tax deductible and
a way to support social services in your community.

WAYS serves the Wayne & Winfield Township communities:

West Chicago, Winfield, Warrenville, Wayne, Hanover Park, Carol Stream, and Bartlett

Use Amazon Smile to help support WAYS:

Select WAYS as your charity at www.smile.amazon.com/ch/36-3283081

Recycle printer cartridges: Help the environment and help fundraise for WAYS!

How's our mailing list? Please call about any changes we need to make.
Please feel free to pass our newsletter along to your colleagues!

Contact Us:

Phone: 630-231-7166

Fax: 630-231-7180

Email: waysintakes@gmail.com

Website: ways4change.org